

Healthy Aging Dr. Laura Niedernhofer

Dear Minnesota, I'm Dr. Laura Niedernhofer, scientist at the U of M.

I lead a team that studies the biology of aging.

For years we've been focused on these guys. They're called senescent cells, and they hang around as we age causing everything from arthritis to heart disease.

But the good news? Clear those senescent cells out, and we'll live healthier as we age.

Better news? We're in clinical trials right now. Thanks to a constant spirit of discovery like nowhere else I know.

And that's your University, Minnesota, advancing life and the quality of it.